






January 2025 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
<p>6</p> <p>Beef Pot Pie Whole Grain Biscuit w/ butter Peas Orange Milk</p>	<p>7</p> <p>BBQ Shredded Chicken Whole Grain Cornbread with Butter Braised Greens and Beans Peaches Milk</p>	<p>8</p> <p>Grilled Pollock Whole Grain Fettuccini Alfredo Broccoli Italian Blend zucchini, carrots, cauliflower, lima beans, green beans Fruit Cocktail Milk</p>	<p>9</p> <p>2</p> <p>Chicken and Gravy Stuffing Whole Grain Dinner Roll and butter French Green Beans Seasoned Carrots Pear Milk</p> <p style="text-align: center;">  </p>	<p>3</p> <p>3</p> <p>Salmon with lemon dill sauce Whole Grain Quinoa Whole Grain Dinner Roll with Butter Au Gratin Potatoes Spinach Cinnamon Baked Apple or Cinnamon Applesauce</p>
<p>13</p> <p>Korean Beef over Quinoa Whole Grain Roll with Butter Green Beans Sweet Potato Pineapple Milk</p>	<p>14</p> <p>Honey Lime Chicken Whole Grain Pita Curried Vegetable Couscous Brussel Sprouts Cinnamon Baked Apple Milk</p>	<p>15</p> <p>6 Swedish Meatballs Whole Grain Egg Noodle Beets Steamed Spinach Fruit Cocktail Milk</p>	<p>16</p> <p>Chicken Noodle Soup Whole Grain Wheat Roll with Butter Black Eyed Peas Butternut Squash Orange Wedges Milk</p>	<p>17</p> <p>10</p> <p>Arroz con Pollo Whole Grain Rice Whole Grain Roll with butter Black Beans Pears Milk</p>
<p>MARTIN LUTHER KING JR. Day 20</p> <p style="text-align: center;">  </p>	<p>21</p> <p>Beef Stroganoff Whole Grain Egg Noodles Diced Sweet Potatoes Brussels Sprouts Grapes Milk</p>	<p>22</p> <p>Vegetarian Lasagna Garlic Bread Italian Blend Peas Fruit Salad Milk</p>	<p>23</p> <p>Oven Fried Chicken Whole Grain Roll with Butter Green Beans Gingered Cabbage Salad Peach Cobbler Milk</p>	<p>24</p> <p>Breaded Fish Filet Whole Grain Bun Sautéed Spinach Magenta Root Slaw Clementine Milk</p>
<p>27</p> <p>2 Oven Fried Chicken Legs Whole Grain Corn Muffin with Butter Steamed Collards Creole Style Black Eyed Peas Cherry Cobbler Milk</p>	<p>28</p> <p>Slice Turkey and Gravy Stuffing Whole Grain Roll with Butter Broccoli and Cauliflower Pimento Corn Baked Cinnamon Apple or Applesauce Milk</p>	<p>29</p> <p style="text-align: center;">  </p>	<p>30</p> <p>Chicken and Dumplings Whole Grain Roll with Butter Peas and Carrots Pumpkin Pineapple Milk</p>	<p>31</p> <p>Florentine Cod Macaroni and Cheese Whole Grain Roll Cucumber Salad Stewed Tomatoes Grapes Milk</p>